

ACADEMY SQUADS

COMPETITIVE SQUASH | SPRING 2026



JUNIOR CLINIC	COURSE DESCRIPTION	DAYS & TIME	DATE RANGE	MEMBER COST
TITANS AGES 8-10	<ul style="list-style-type: none"> Structured exposure to competitive squash Fast-paced environment Improving consistency, swing technique, and muscle memory Developing tactics and winning strategies Practicing sportsmanship Moving and having fun! 	TUESDAY 4:45 - 5:30 PM	APRIL 7 through JUNE 9	\$800 10 CLINICS
		WEDNESDAY 4:45 - 5:30 PM	APRIL 8 through JUNE 10	\$720 9 CLINICS
		THURSDAY 4:45 - 5:30 PM	APRIL 9 through JUNE 11	\$800 10 CLINICS
STRIKERS RED AGES 10-12	<ul style="list-style-type: none"> Competitive tournament prep training Accelerated program Improving accuracy, movement, and shot variety Developing strength and conditioning and mental toughness Practicing sportsmanship Attention to fitness and recovery 	TUESDAY 5:45 - 6:30 PM	APRIL 7 through JUNE 9	\$800 10 CLINICS
		WEDNESDAY 5:45 - 6:30 PM	APRIL 8 through JUNE 10	\$720 9 CLINICS
		THURSDAY 5:45 - 6:30 PM	APRIL 9 through JUNE 11	\$800 10 CLINICS
STRIKERS BLUE AGES 12-15	<ul style="list-style-type: none"> Competitive tournament prep training Accelerated program Improving accuracy, movement, and shot variety Developing strength and conditioning and mental toughness Practicing sportsmanship Attention to fitness and recovery 	TUESDAY 5:45 - 6:30 PM	APRIL 7 through JUNE 9	\$800 10 CLINICS
		WEDNESDAY 5:45 - 6:30 PM	APRIL 8 through JUNE 10	\$720 9 CLINICS
		THURSDAY 5:45 - 6:30 PM	APRIL 9 through JUNE 11	\$800 10 CLINICS
JUNIOR LEGENDS AGES 14-18	<ul style="list-style-type: none"> Competitive tournament training Intensive advanced program Strength and conditioning and sport-specific endurance training Practicing sportsmanship Attention to fitness and recovery 	TUESDAY 5:45 - 6:30 PM	APRIL 7 through JUNE 9	\$800 10 CLINICS
		WEDNESDAY 5:45 - 6:30 PM	APRIL 8 through JUNE 10	\$720 9 CLINICS
		THURSDAY 5:45 - 6:30 PM	APRIL 9 through JUNE 11	\$800 10 CLINICS

ENROLLMENT IS AVAILABLE VIA COACH INVITATION OR EVALUATION. ACADEMY STUDENTS MUST COMMIT TO A MINIMUM OF TWO TRAINING SESSIONS PER WEEK. MEMBERSHIP IS REQUIRED TO ENROLL IN SQUASH CLINICS. PROPOSALS CAN BE PRORATED BASED ON NUMBER OF ATTENDING CLINICS. SEASONAL GROUP CLINICS ARE PAID FOR ON A USE IT OR LOSE IT BASIS. CREDITS ARE NOT OFFERED FOR MISSED CLINICS AND THERE ARE NO MAKE UP SESSIONS. PLEASE VISIT OUR WEBSITE TO REVIEW ALL CLINIC POLICIES.

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