412 SQUASH

# TOURNAMENT PREP

## PREPARE, COMPETE, EXCEL

**AGES 9 - 15**

★ ★ INVITATION ONLY ★ ★

## THE GAME PLAN

### PROGRAM OVERVIEW

**6:45 - 8:00 PM**

1 HOUR & 15 MIN (SESSION LENGTH)

**4 SESSIONS**

(MON, TUES, WED & THUR)
OFFERED PER WEEK

**3 SESSIONS MIN**

WEEKLY COMMITMENT

COMMITMENT OPTIONS:

OPTION 1: 3 CLINICS PER WEEK

OR

OPTION 2: 2 CLINICS + 1 PRIVATE LESSON PER WEEK

## TOURNAMENT PREP

(MIN. US SQUASH RATING 3.0+)

AN INVITATION-ONLY PROGRAM DESIGNED FOR EXPERIENCED JUNIOR PLAYERS WHO ARE SERIOUS ABOUT ACCELERATING THEIR DEVELOPMENT AND COMPETING AT A HIGHER LEVEL IN US SQUASH TOURNAMENTS. LED BY EXPERIENCED COACHES, THIS PROGRAM DEVELOPS THE COMPLETE PLAYER - ON AND OFF THE COURT.