

JUNIOR ACADEMY SQUADS

FALL 2024



Membership is required to enroll in squash clinics.

AGES	MEET	DAYS	2024 DATES	BLACKOUT DATES	COST	
AGES 6 - 8	The Aces Squad is perfect for young players with competitive aspirations. Students will receive hands-on instruction focused on developing specific racquet skills and an understanding of the fundamental grip, swing, and shots. Coaches will provide lesson plans dedicated to learning competitive drills and game play.	3 sessions / wk	Monday Tuesday Thursday	September 9 through December 19	Thursday Oct.3 Monday Oct.14 Thursday Nov.28	\$3,150 Member
	Total (42 sessions)	3:45 - 4:30 PM				

AGES	MEET	DAYS	2024 DATES	BLACKOUT DATES	COST	
AGES 8 - 11	The T Titans Junior Academy Squad is designed for maturing squash players with competitive aspirations. Our dedicated team of coaches will instruct students on new shots, skills, and tactics including playing offensively and controlling "The T". Coaches and students will work together to develop a winning strategy focused on expanding shot selection options and speeds of play.	3 sessions / wk	Monday Tuesday Thursday	September 9 through December 19	Thursday Oct.3 Monday Oct.14 Thursday Nov.28	\$3,150 Member
	Total (42 sessions)	4:45 - 5:30 PM				

AGES	MEET	DAYS	2024 DATES	BLACKOUT DATES	COST	
AGES 11 - 14	The Strikers Junior Academy Squad is dedicated to competitive players looking to master the mental, physical, and technical aspects of squash. Players receive intensive coaching aimed at developing their own unique playing style and best prepare them for competitive play.	4 sessions / wk	Monday Tuesday Wednesday Thursday	September 9 through December 19	Thursday Oct.3 Monday Oct.14 Wednesday Nov.27 Thursday Nov.28 Wednesday Dec. 4,11,18	\$3,975 Member
	Total (53 sessions)	5:45 - 6:30 PM				

AGES	MEET	DAYS	2024 DATES	BLACKOUT DATES	COST	
AGES 14 - 18	The Strikers Junior Academy Squad is dedicated to competitive players looking to master the mental, physical, and technical aspects of squash. Players receive intensive coaching aimed at developing their own unique playing style and best prepare them for competitive play.	4 sessions / wk	Monday Tuesday Wednesday Thursday	September 9 through December 19	Thursday Oct.3 Monday Oct.14 Wednesday Nov.27 Thursday Nov.28	\$4,200 Member
	Total (56 sessions)	5:45 - 6:30 PM				

AGES	MEET	DAYS	2024 DATES	BLACKOUT DATES	COST	
AGES 14 - 18 (US Squash rating 3.5+)	The High Performance squad is designed for young athletes looking to prepare for upcoming tournaments. Our expert coaches will provide intensive training in techniques, strategy, fitness and mental preparation. Participants will have the opportunity to practice and refine their skills in a competitive environment.	4 sessions / wk	Monday Tuesday Wednesday Thursday	September 9 through December 19	Thursday Oct.3 Monday Oct.14 Wednesday Nov.27 Thursday Nov.28	\$9,800 Member
	Total (56 sessions)	5:45 - 7:30 PM				

PRICES CAN BE PRORATED BASED ON NUMBER OF ATTENDING SESSIONS. SEASONAL GROUP SESSIONS ARE PAID FOR ON A USE IT OR LOSE IT BASIS. CREDITS ARE NOT OFFERED FOR MISSED SESSIONS AND THERE ARE NO MAKE UP SESSIONS.



INFO@412SQUASH.ORG



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