

FALL
2024

ADULT SQUASH CLINICS



LEVEL 1: LEARN HOW TO PLAY

Start at the beginning by building a strong foundational understanding of the game. After learning the basics of squash, we will have you coaching your kids and challenging your coworkers in no time!

LEVEL 2: SQUASH ESSENTIALS - BEYOND THE BASICS

You've graduated after learning the fundamentals of squash. Take the next challenge and learn the essentials of squash to prepare for round robins and open play. Our coaches will cover all aspects of the game and provide players with a solid foundation to continue their squash journey.

LEVEL 3: INTERMEDIATE - MASTERING THE FUNDAMENTALS

Get ready to elevate your game! These sessions will focus on refining technique and strategy and developing advanced shots and tactics.

WEEKDAY	CLINIC LEVELS	DATES	BLACKOUT DATE(S)
Tuesday 7:00 – 7:45 PM	Level 1 Level 2 Level 3	CLINIC #1 Oct. 1, 8, 15, 22, 29 Nov. 5	None
Tuesday 7:00 – 7:45 PM	Level 1 Level 2 Level 3	CLINIC #2 Nov. 12, 19, 26 Dec. 3, 10, 17	None
Wednesday 1:00 – 1:45 PM	Level 1 Level 2	CLINIC #3 Sept. 25 Oct. 2, 9, 16, 23, 30	None
Wednesday 1:00 – 1:45 PM	Level 1 Level 2	CLINIC #4 Nov. 6, 13, 20 Dec. 4, 11, 18	November 27 (Thanksgiving Week)

CLINIC PRICE: \$450 (6 TOTAL SESSIONS)

Please note that membership is required to enroll in a squash clinic. For more information on memberships or a one time class, please contact 412 Squash.

