



YOUTH SQUASH SKILLS WORKSHOP

GRADES K-4 / AGES 6-10

FRIDAY, APR. 11 / 9:30 AM - 12 NOON
MONDAY, APR. 14 / 9:30 AM - 12 NOON
FRIDAY, MAY. 16 / 9:30 AM - 12 NOON

PLANNING NOTES | LOCATION: 412 EAST 90TH STREET

- SQUASH RACKETS: WE WILL HAVE LOANER RACKETS ON HAND FOR ANY STUDENT IN NEED.
- EYEWEAR: ALL STUDENTS REGARDLESS OF AGE ARE REQUIRED TO WEAR PROTECTIVE EYEWEAR WHEN ON A SQUASH COURT. WE WILL HAVE LOANER EYEWEAR FOR STUDENTS TO WEAR.
- SHOES: NON-MARKING SHOES OR SHOES WITH A LIGHT-COLORED RUBBER SOLE. NO RUNNING SHOES OR SHOES WITH A DARK RUBBER SOLE ARE PERMITTED.
- WATER BOTTLE: EACH STUDENT SHOULD BRING THEIR OWN WATER BOTTLE AS WATER STATIONS ARE NEAR THE SQUASH COURTS.
- MID MORNING SNACK: A GLUTEN & NUT FREE SNACK WILL BE AVAILABLE FOR ATTENDING STUDENTS. PARENTS MAY SEND ALONG A PREFERRED SNACK WITH THEIR CHILD AS LONG AS IT IS NUT FREE.

**\$175 NON MEMBER / \$140 MEMBER
PER WORKSHOP**

REGISTER TODAY ON THE 412 SQUASH APP

INFO@412SQUASH.ORG

