

ACADEMY SQUADS

COMPETITIVE SQUASH | FALL 2026



JUNIOR CLINIC	COURSE DESCRIPTION	DAYS & TIME	DATE RANGE	MEMBER COST
STRIKERS ACADEMY AGES 10-14 (Assessment required)	- Accelerated player development program - Developing technical consistency, movement, and shot variety - Improving accuracy, decision-making, and court awareness - Building strength, agility, coordination, and confidence - Developing healthy training habits, resilience, and a growth mindset - Practicing sportsmanship, teamwork, and respect - Emphasizing fitness, recovery, and long-term athletic development	MONDAYS 4:45 - 5:45 PM	Sept. 14, 28; Oct. 5, 19, 26; Nov. 2, 9, 16, 23 & 30; Dec. 7 & 14 (12 clinics)	\$1,080 (Member Price)
		TUESDAYS, 4:45 - 5:45 PM	Sept. 8, 15, 22 & 29; Oct. 6, 13, 20, 27; Nov. 3, 10, 17 & 24; Dec. 1, 8 & 15 (15 clinics)	\$1,350 (Member Price)
		WEDNESDAYS 4:45 - 5:45 PM	Sept. 9, 16, 23 & 30; Oct. 7, 14, 21 & 28; Nov. 4, 11 & 18; Dec. 16 (12 clinics)	\$1,080 (Member Price)
		THURSDAYS 4:45 - 5:45 PM	Sept. 10, 17 & 24; Oct. 1, 8, 15, 22 & 29; Nov. 5, 12 & 19; Dec. 3, 10 & 17 (14 clinics)	\$1,260 (Member Price)
JUNIOR LEGENDS ACADEMY AGES 12-15 (Assessment required)	- Advanced player development program - Refining advanced technical and tactical skills - Enhancing movement efficiency, anticipation, and game awareness - Developing strength, speed, agility, and sport-specific endurance - Building mental toughness and resilience - Practicing sportsmanship, accountability, and athletic preparation - Emphasizing fitness, recovery, and lifelong performance habits	MONDAYS 5:45 - 6:45 PM	Sept. 14, 28; Oct. 5, 19, 26; Nov. 2, 9, 16, 23 & 30; Dec. 7 & 14 (12 clinics)	\$1,080 (Member Price)
		TUESDAYS, 5:45 - 6:45 PM	Sept. 8, 15, 22 & 29; Oct. 6, 13, 20, 27; Nov. 3, 10, 17 & 24; Dec. 1, 8 & 15 (15 clinics)	\$1,350 (Member Price)
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ENROLLMENT IS AVAILABLE VIA COACH INVITATION OR EVALUATION. ACADEMY STUDENTS MUST COMMIT TO A **MINIMUM OF TWO TRAINING SESSIONS PER WEEK**. MEMBERSHIP IS REQUIRED TO ENROLL IN SQUASH CLINICS. PROPOSALS CAN BE PRORATED BASED ON NUMBER OF ATTENDING CLINICS. SEASONAL GROUP CLINICS ARE PAID FOR ON A USE IT OR LOSE IT BASIS. CREDITS ARE NOT OFFERED FOR MISSED CLINICS AND THERE ARE NO MAKE UP SESSIONS. PLEASE VISIT OUR WEBSITE TO REVIEW ALL CLINIC POLICIES.

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