ACADEMY SQUADS

COMPETITIVE SQUASH | WINTER 2027

412 SQUASH

JUNIOR CLINIC	COURSE DESCRIPTION	DAYS & TIME	DATE RANGE	MEMBER COST
STRIKERS ACADEMY AGES *(10-14)* (Assessment required)	• Accelerated player development program • Developing technical consistency, movement, and shot variety • Improving accuracy, decision-making, and court awareness • Building strength, agility, coordination, and confidence • Developing healthy training habits, resilience, and a growth mindset • Practicing sportsmanship, teamwork, and respect • Emphasizing fitness, recovery, and long-term athletic development	MONDAYS 4:45 - 5:45 PM (60 minutes)	Jan. 4, 11 & 25; Feb. 22; Mar. 1 & 8 *(6 clinics)*	**$540** **(Member Price)**
		TUESDAYS, 4:45 - 5:45 PM (60 minutes)	Jan. 5, 12, 19 & 26; Feb. 2, 9, 16 & 23; Mar. 2 & 9 *(10 clinics)*	**$900** **(Member Price)**
		WEDNESDAYS 4:45 - 5:45 PM (60 minutes)	Jan. 6; Feb. 17 & 24; Mar. 3 *(4 clinics)*	**$360** **(Member Price)**
		THURSDAYS 4:45 - 5:45 PM (60 minutes)	Jan. 7, 14, 21 & 28; Feb. 4, 11, 18 & 25; Mar. 4 & 11 *(10 clinics)*	**$900** **(Member Price)**
JUNIOR LEGENDS ACADEMY AGES *(12-15)* (Assessment required)	• Advanced player development program • Refining advanced technical and tactical skills • Enhancing movement efficiency, anticipation, and game awareness • Developing strength, speed, agility, and sport-specific endurance • Building mental toughness and resilience • Practicing sportsmanship, accountability, and athletic preparation • Emphasizing fitness, recovery, and lifelong performance habits	MONDAYS 5:45 - 6:45 PM (60 minutes)	Jan. 4, 11 & 25; Feb. 22; Mar. 1 & 8 *(6 clinics)*	**$540** **(Member Price)**
		TUESDAYS, 5:45 - 6:45 PM (60 minutes)	Jan. 5, 12, 19 & 26; Feb. 2, 9, 16 & 23; Mar. 2 & 9 *(10 clinics)*	**$900** **(Member Price)**
		WEDNESDAYS 5:45 - 6:45 PM (60 minutes)	Jan. 6; Feb. 17 & 24; Mar. 3 *(4 clinics)*	**$360** **(Member Price)**
		THURSDAYS 5:45 - 6:45 PM (60 minutes)	Jan. 7, 14, 21 & 28; Feb. 4, 11, 18 & 25; Mar. 4 & 11 *(10 clinics)*	**$900** **(Member Price)**

Version 11-01

ENROLLMENT IS AVAILABLE VIA COACH INVITATION OR EVALUATION. ACADEMY STUDENTS MUST COMMIT TO A MINIMUM OF TWO TRAINING SESSIONS PER WEEK. MEMBERSHIP IS REQUIRED TO ENROLL IN SQUASH CLINICS. PROPOSALS CAN BE PRORATED BASED ON NUMBER OF ATTENDING CLINICS. SEASONAL GROUP CLINICS ARE PAID FOR ON A USE IT OR LOSE IT BASIS. CREDITS ARE NOT OFFERED FOR MISSED CLINICS AND THERE ARE NO MAKE UP SESSIONS. PLEASE VISIT OUR WEBSITE TO REVIEW ALL CLINIC POLICIES.

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